



NPE

INFORMATION SHEET

WHAT IS A NEUROPSYCHOLOGICAL EXAM?

A neuropsychological exam (NPE) is a comprehensive assessment of cognitive and behavioral functions using a set of standardized tests and procedures. The goal is to understand how different areas of your brain are working and to identify any abnormalities that may be related to neurological or psychological conditions.

COMPONENTS OF THE EXAM

Clinical Interview: Discussion about your medical history, symptoms, and concerns.

Standardized Testing: Paper-and-pencil or computer-based tests to assess various cognitive domains such as memory, language, problem-solving abilities, and other skills.

Behavioral Observations: Evaluation of mood, social interaction, and other behaviors.

WHAT TO EXPECT

Duration: The exam may take anywhere from 2 to 6 hours, depending on the complexity of the tests administered.

Preparation: No specific preparation is required, but getting a good night's sleep and eating a balanced meal can help you perform your best.

Setting: Typically conducted in a quiet, controlled environment to minimize distractions.

HOW DOES IT HELP?

The information gathered from this exam aids your healthcare provider in forming a diagnosis, designing a treatment plan, and evaluating the progress or effectiveness of treatment over time. By understanding your cognitive abilities better, your healthcare team can provide more personalized and effective care for your needs.

WHAT HAPPENS AFTER THE EXAM

Results Compilation: The examiner will score and interpret your test results.

Consultation: A follow-up consultation to discuss findings and recommendations.

Report: A comprehensive neuropsychological report will be generated, which may be shared with your healthcare providers for further treatment planning.



NPE

PROVIDER REFERRALS

1 LIFESPAN

Phone: 732-988-3441
Address: One Hovchild Plaza, Tinton Falls NJ
Insurance status: Accepts Insurance
Website: <https://nrslifespan.com/>

2 CENTER FOR NEUROWELLNESS

Phone: 732-920-3434
Address: 58 Maple Ave, Red Bank, NJ 07701
Insurance status: Accepts insurance
Website: <https://centerforneurowellness.com>

3 WORRYWELL CLINIC

Phone: 732-749-2438
Address: 195 Maple Ave, Red Bank, NJ 07701
Insurance Status: Accepts Insurance
Website: <https://www.worrywellcollective.com>

4 PATHWAYS NEUROPSYCH

Phone: 732-930-2242
Address: 388 Lakehurst Road, Suite 2A, Toms River, NJ 08755
Insurance status: Accepts Insurance
Website: www.pathwaysneuropsychology.com/

5 NEURABILITIES

Phone: 856-346-0005
Address: 20 Gibson Place, Ste 201, Freehold, NJ 07728
Insurance status: Accepts Insurance
Website: <https://neurabilities.com/>

6 COMPASS PSYCHOLOGICAL SERVICES

Phone: 732-778-6360
Address: 216 Maple Avenue, Red Bank, NJ 07701
Insurance status: Out of network
Website: <https://compasspsychnj.com>

7 NEUROPSYCHOLOGICAL EVALUATION SERVICES

Dr. William Ernst
Phone: 215-262-0741
Address: 4 Paragon Way, Suite 350, Freehold, NJ 07728
Insurance status: Only Medicare
Website: www.neuropsychnj.net/