



KETAMINE

INFORMATION SHEET

WHAT IS KETAMINE TREATMENT?

Ketamine, a drug conventionally used for surgical anesthesia, now plays a role in addressing select mental health conditions. When given in reduced doses, it quickly alleviates symptoms of disorders like depression and anxiety, especially in patients resistant to other forms of treatment. This is known as "treatment-resistant" depression or anxiety. The only form of ketamine approved by the FDA for depression treatment is the nasal spray esketamine, marketed as Spravato.

WHO IS IT FOR?

Individuals with:

- Depression
- Anxiety
- Obsessive Compulsive Disorder
- Substance Abuse Disorders

CONTRAINDICATIONS

Ketamine therapy is not suitable for those with uncontrolled high blood pressure or heart disease, substance abuse disorders, psychotic disorders, certain neurological disorders, as well as pregnant or breastfeeding individuals, and persons with severe respiratory conditions.

HOW DOES IT WORK?

Ketamine is thought to work primarily on the glutamate system, a neurotransmitter system essential for neural activation and neuroplasticity, which involves the forming and reorganizing of synaptic connections. By acting on this system, ketamine may help create new neural connections and boost existing networks,

HOW LONG DOES IT TAKE TO WORK?

Ketamine's rapid response rate is noteworthy, offering significant relief from depressive symptoms within hours to days, compared to most antidepressants that take weeks to months. Current research is exploring

COMMON SIDE EFFECTS

Ketamine treatment should always be administered under the supervision of a healthcare provider due to potential side effects. They include:

- Increased blood pressure
- disorientation
- confusion
- nausea
- Hallucinations

These symptoms generally dissipate a couple of hours after the treatment. It's also worth noting that the long-term effects of ketamine treatment are still being studied.



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PROVIDER REFERRALS

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TOSK PSYCHIATRIC SERVICES

Phone: 732-440-7979

Address: 615 Hope Road, Building 3A, 2nd Floor, Eatontown, NJ 07724

Insurance status: Out of network

Website: <https://perceptualmed.com/>

Ketamine therapy form: Nasal Spray (Spravato)

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BRICK PSYCHIATRIC SERVICES

Phone: 732-202-0622

Address: Brielle Hills Office 2640 HWY-70, Building 12, Suite 201, Manasquan, NJ 08736

Insurance status: Accepts insurance

Website: <https://www.brickpsych.com/>

Ketamine Therapy form: Nasal Spray (Spravato)

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THE COUNSELING CENTER

Phone: 848-225-9149

Address: 4345 US-9, Freehold, NJ 07728

Insurance status: In/out of network

Website:

<https://www.freeholdcounselingcenter.com/>

Ketamine therapy form: Nasal Spray (Spravato)

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REYOU KETAMINE TREATMENTS

Phone: 908-638-1587

Address: 5170 US-9 South, Howell Township, NJ 07731

Insurance status: Out of network

Website: <https://reyou.life/>

Ketamine therapy form: IV infusion

Kolli Psychiatric and Associates

These referrals are not affiliated with Kolli Psychiatric and Services and operate as separate providers